

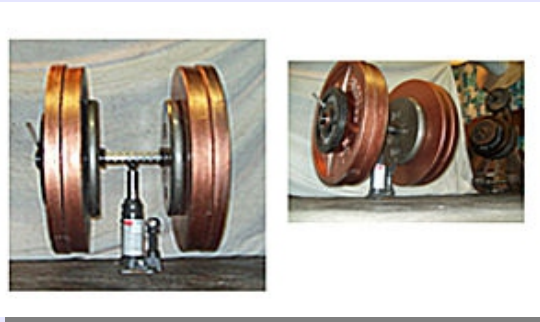


These handles are extremely strong, made from cold formed solid steel. **You can order any length from 14" to 24" in 1" increments.** COLLARS are included. (Handles sold only in pairs)

If you want handles that are shorter than 14" or longer than 24", [e-mail](#) .

The position of the inner plate stops can be adjusted to increase or decrease the GRIP LENGTH. (Shipped with stops adjusted for 4.5" grip length.)

Plate space formula – handle length(") minus grip length (") minus 2"



Here is a handle with a 250 lb load. The copper colored plates are olympic. See note below.

NOTE: The [Shermworks Olympic Plate Adapter](#) may be something to consider when ordering the dumbbell handles. With the adapters you can add olympic plates to the handles.

NOTE: The standard handle grip diameter is 1" (24.5 mm). For an additional \$10.00 the handles can be ordered with 1.3" (32 mm) knurled steel sleeves.

PRICE FOR LENGTHS FROM 14" TO 20" - \$52.00 PER PAIR, SHIPPING: US - **FREE** *

PRICE FOR LENGTHS FROM 21" TO 24" - \$57.00 PER PAIR, SHIPPING: US - **FREE***

For shipping cost to locations outside the US, please [e-mail](#) , providing the length required.

Visit [on line store](#) to purchase

